



Shipping Fever

SPOHE MEDICAL CO.,

et everybody has a

Yes: but what good is that to the ghbors? They always keep the shut and locked."....

COVETED BY ALL d by few a beautifu hair. If yours is streaked with tray, or is harsh and stiff, you can re-tore it to its former beauty and lus-er by using "La Creole" Hair Dress-ng. Price \$1.00.—Adv.

It usually costs the man who is lected to office a lot of money to

cronything man who tion by the lower man who had a la womant for 18 years.

Actors are about he only people lling to per payed days 15 for a dog.





the Mounts and \$1.00.

Make the Liver Do its Duty ER PILLS



poverty, but we can't recall having ever seen any of them. Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

stress and travail, is tender with sym-

one gives freely of thanks to his Crea-

tor, freely, likewise, does he give of

arms toward it, reverent and tri-

And this primitive thanksgiving will

be multiplied and intensified a thou-

sandfold at the expiration of the

present war and not for the victory

but for the coming of peace. In the

intoxication of bloody triumph there

can be little of the deep, spiritual

thanksgiving: for, despite the gigan-

tic slaughter that has made this cen-

tury the Crimson age, the world is

still one big family with interests so

closely interrelated that none is un-

affected by the struggle. And none

will give thanks, even with the prize

of victory, for having made widows

and orphans by the hundreds of thou

In the real thanksgiving there is

neither exultation nor pride; no re-

flection of bittarness or hate; but a

sweet realization of the kinship of all

In certain early and oriental litur-

gles was the Great Thanksgiving, now

replaced by the preface and part of

the canon. Then there is the General

Prayer, a collect in the third place

and evening prayer, and of the litany.

But the Thanksgiving which, while

marked by the incense of prayer, has

the sunny lightsomeness of good cheer

and laughter, is that annually ob-

In the beginning of the observance

was a day set apart by the Plymouth

of their first harvest in America. It

was perpetuated in many states by an

annual festival appointed by the

governor. Its national celebration, in

recognition of the year's blessings.

was first recommended by proclams

tion issued at the city of New York.

in 1789. by George Washington, who

set apart for observance Thursday,

day . It has been therefore, sanctifled

Traveler in Alrehip Tells How He

claims that for the first time he real-

Napoleon's Warsaw Romanos

November 26, of that year.

served in the United States.

Thanksgiving in the Book of Commo

men before the Great Father.

ing thanks for victory.

mon of the Great Teacher.

Self-preservation is the first law of nature and getting even with people is the second.

Our idea of a real pretty girl is one who seldom has to stand in a crowded

To Fortify the System

Against Winter Cold
Many users of GROVES TASTELESS chill
RONIO make it a practice to take a number of
focuses in the fall to strengthen and fortify the
gystem against the cod weather during the
winter. Everyone knows the tonic effect of
Quinine and Iron which this preparation contains in a tasteless and acceptable form. It
purifies and our ches the blood and builds up
the whole system. Some Adv.

The average man has more amb ton then ability.

The worse the weather today, the etter it may be tomorrow.

Age and a little brother tell on

If you happen to hear a woman praising a man's wisdom it's a sure

sign that he is not her ausband. son afflicted with insomnia to go to

pleep when it is time to get up? Some then couldn't hear the small volte of conscience through a mega-

One way to improve the megiory is to assume for a moment that you have everything yes want.

Down deep in his heart every nishes sig and charges for radium.

Basher says he lives only for his "Well, he certainly doesn't live from

get married," said the plain Miss

"Are you sure you would then?" said the saucy young thing.

Quit Coffee and Got Well.

A woman's coffee experience is in teresting. "For two weeks at a time I have taken no food but skim milk, for solid food would ferment and cause such distress that I could hardly breathe at times, also excruciating pain and heart palpitation and all the time I was so nervous and restless.

"From-childhood up I had been a coffee and tea drinker and for the past 20 years I had been trying different physicians but could get only temporary relief. Then I read an article telling how some one had been helped by leaving off coffee and drinking Postum and it seemed so pleasant just to read about good health I decided to try Postum.

"I made the change from coffee to Postum and there is such a difference in me that I don't feel like the same person. We all found Postum dellcious and like it better than coffee. My health now is wonderfully good. . .

'As soon as I made the shift to Postum I got better and now my troubles are gone. I am fleshy, my food assimilates, the pressure in the chest and palpitation are all gone, my bowels are regular, have no more stomach trouble and my headaches are gone. Remember I did not use medicines at alljust left off coffee and used Postum steadily." Name given by Postum Ca Battle Creek, Mich.

Postum comes in two forms: Postum Cereal—the original form must be well boiled. 15c and 25c pack-

instant Postum-a soluble powderitssolves quickly in a cup of hot water, and, with coam and sugar, makes a delicious beverage instantly, 30c and 50c tins

Both kinds are equally delicious and cost about the same per cup.
"There's a Reason" for Postum.



bers of the World Family are in the red agony of war. The Thanksgiving. definitely established after national pathy and brotherhood, and, while love for his fellows. It is the most human of seasons, in which man should, and does, follow the eternal Thanksgiving is elemental in the oul of man and it probably found its first expression, not in peace, but aft-PREPARING er conflict in the early twilight of TURKEYS FOR history, when some of the hairy men. who had awakened to the mystery and majesty of the sun as the giver of good things, raised their scarred

So it is that in 1915 the people of the United States give thanks, not are the pride of country, the religious for a war over, with the combatants putting aside the science of murder for the science of constructive things and resolutely facing the future, but and the very essence of pleasing because the country is at peace with its world brothers and looks toward taking the impartial part in the bringing about of the peace of Europeand of the world. Dr. Carleton Simon the distinguished neurologist, recent ly, while discussing "war as an acute nervous affliction and its treatment and its cure" made an interesting diagnosis of the condition of the United States. It may be reassuring to hear from such an eminent author ity, who regards the more than 90,-000,000 human beings in the present ment of a gigantic . composite, that there is no fear of Uncle Sam "flying

off the handle." "The United States has escaped? says he. "That is the special occasion for thanksgiving. But may not the whole world came to find cause for real thanksgiving in the new spirit derived and nourished by the tragedy

from the end of the order for morning of this war?" Contrast these typical rural Thanksiving pictures with some of the famly groups and of sustenance operaions within the war-smitten territory, and, if you be apart from want, you will feel a pang of keenest commiseration and a regret that all of the world's struggling family should not be shar-Pilgrims, in 1621, in acknowledgment ing the peace-and-plenty conditions.

In this case the turkey is the bird alike of peace and of plenty. It is the bird, likewise, of sacrifice but not of burnt offering and goes to its appointed end with what seems like a conscious dignity of the part it plays in the grateful season.

What finish more honorable and impressive for a bird than to be fated to die to make happy an entire nation? The war between the states was the event that established the national For this brief, golden period the eagle is only a remote symbol. The Thanks giving bird is magically transformed by the blood of brothers who died not into a tempting thing of appetizing in vain, for as a recurring observance odors, an eye-entrancing vision of it was proplaimed by President Ling glistening brown and bronze and bring coin in October, 1883, whib fixed the ing in its train attentants of the field

horizon line which was a perfect see

"Bohind us, and ahead where the

land tay, a screen of light mist inter-

posed and cut short our view in a

"The sensation was one of perfec

caught the sun), stretched out to a lightly across the waves. There were

MAJESTY OF SEA REVEALED but its wings flashed bright as they

Books are still being written about ston in Loudon that Louis Napoleon that love affair of Bonaparte. Of his many affairs of the heart that was the France into the throne of an emptra.

straight line.

Was Impressed by His Passage. tion of a circle.

Over the Ocean. Bohind us, and abead

sense of a nation and its sustaining copefulness, the racial family spirit that "makes the whole world akin," plenty.

emerald, and translucent, liquid ruby.

In the turkey at this season there

THE THANKSGIVING FEAST

This is the day before the feast. A rack of storm clouds, gray with warning, lignale the valley, west to east,

But through the farmhouse kitchen glows
A light to gladden saint or sinner,
While Nell, and Margaret, and Rose

The pantry shelves are lined with cakes Of flaky crust and fragrant sweeting. Wet incomplete the banquet waits For this which Margaret's spoon is best

ing. The sideboard gleams in jeweled light With amber quince and ruby jelly. Twill wear an added grace tonight.

A stir of eager girlish feet
Across the ancient caken flooring.
A burst of laughter, bubbling aweet
With mirth and confidence butpouring rallying jest, an awestruck sigh At Nell's mistakes and Margaret's

knowledge.

Oh, never hours sped merrier by
For three fair cousins home fro

Brueath the kitchen rooftree brown, With weathered tile and rough-h rafter.

Tomorrow, through the drifted snows, With hearts aglow for smile, and gree

ing. Nelly, and Margaret, and Rose Good angels join them as they raise.

The old hymns dear to dead and living.

And blend the feasting and the praise.

ship kept smoothly on with an even-The sea beneath gave an added sense of security, as though, if need

no varying air currents, and the air-

"To right and left," he willes, "the content mingled with a solemn sersea, fleefed here and there with foam arence for the vasiness of the sea; and its blue expanse cut sometimes not a sail in sight and nothing to divert by the fair of a seaguil's wing (the strention from our swift arrow-like seaguil's first below was invisible. stient; they had nothing to do but attention from our swift arrow-like gaze across the sea, as the even mass might.

There will about the Estier's capture of Warsaw as were inspired by the occur pation of that town a little more than a century ago by Napoleon. The French memich's stay there became a farous episode in history, sot because of its military significance, but because of the routenes involving the Counters Walestat.

Hooks are still being written about most enduring, barring only his admiration for Josephina. And Napoleon's son, who went by the name of Count Walestak, became a big figure in France when Napoleon ill occupied the throne within the memory of many men still living.

Count Walestak was president of deputies, a senator, a minister of states and a foreign ambassador. He had the pleasure of telling Lord Palmerten about the pleasure of telling Lord Palmerten in Loudon that Louis Napoleon. "Every mas should know himself." semarked the parior philosopher.

"Perhaps," said the mere man; "but in doing so, he wastes a lot of time that might be spent in making more rable acquaintances."-Judge.

"He's loyal to bie friends that be?" "Very. With six barbers idle in a shop he'll six around for an bour and

boasted that no hill was too steen him to take full tift.

one day however he altered his opinion about rushing draws bills, for instead of going around the corner at the bottom of a very steep dreem, he went straffer or and smatched through the window of a justified his justified the course he cravied out of the bospital and paid the jeweler a good round sum for demages.

But history has a gray of dipenting itself. It did in this seed anyway, and another cyclist entered the leweler's shop by the window. Then it became apparent to the shopkeeper that it was time to take action. When a third window had been bu in, an amused crowd stood outside and read this notice: Tod 972 972

"Cyclists are particularly requested to enter this establishment by the

Kitchen Philosophy. Mr. Bradshaw was in a great hurry. and breakfast was late. "I wish you'd find out what this trou-

ble is." be said to his wife. Mrs. Bradshaw returned from the kitchen wearing a melancholy expres-

"Well, well," demanded the husband, what did she say,"
"She said," responded the wife, that 'we all have our disappointments." Browning's Magazine,

"Do you suppose the wemen will make any radical change in our laws when they get the power?".
"Well, I shouldn't wonder if they'd pass a law making every day basgain day fall at nearlible at the

In the Game. "I see the coeds are getting into oothall at last.". "Do you mean to say that girls are

playing? "No; appearing as uniformed nui in the side lines." He was

Trade Terms. alking about Mexico a carpet man!" "Why do you ask?" ... "Why, he says the trouble will go to the mat when Funsion gets on the border." foult was altas ben mit

Not So's He Notices It. Soph—Does your car smoke? Senior Only when I try to back'en From the Record.

It may be a small mater even if a oman doesn't know her own mind.

"Why did you leaves" | hear! A pro- the relief and I disserted the A parties and I disserted the A parties are the leaves are

"On the Team north of Team of Team of Team of the self stance, and the judge took a hand.

What well the underlies possible quiestion. The sakes, frame in the hand could not agree with your chiefe stance.

"Prohibition."

them. The bee expert of a well-known of jam materia current has been all rectrds by destroying no layer than 307 nests. This means that including the wasps, grubs, and eight he has 'killed' more than four and had half million wasps. One nest, a re terence. b) bed god t'abjuow ti

War Deaths Hit Insurance Comp British and userial 1986 a days companies have already paid \$4.7 550 to heirs of 46,200 soldlers a sailors killed in the war. The class in for four officers killed now amou to approximately \$15,000,000. In' case a claim for \$500,000 was pe while there have been many between \$50,000 and \$250,000.

"Women of today don't seem to be so afraid of mice as their sisters of 20 years ago.

"They don't need to be. The ways: the styles are now a woman do have to climb on a chair to show I stockings,"

making a sort of 'movie'-arra about their seat of government."
"Tes; capital idea lin't it?" "27 1261 The business of selling haberdash: ery seems to be passed on the theory that a man can wear any kind of a

Many women pass ennoticed, but a man always takes a second look at a red-haired girl.

And a little widew with a dispo



Bouncing Health and Active Brain

come naturally with childhood but in later years are usually the result of right living

Proper Food Plays a Big Part

Many foods - especially those made from white flour - are woefully deficient in certain mineral salts which are essential to life health and happiness. The and the street of the and the street of the

To supply these vital mineral elements so often lacking in the usual daily diet, a food expert originated that Mediagner is shell solle the leanured the rearing

The food, made of choice wheat and malted barley, supplies all the autriment of the grains, including the photohete of potation etc., required for the daily rebuilding of body. and brain.

Grape Nuts has a delicious, nut-like fayour - is ready to eat direct from the pickensus with cream or good milk, and is complete nourishment, warmen out here a ben catagood the

"There's a Reason" for Grape-Num. Sold by Grocers everywhere.